

Adult Post-ADHD Treatment Costs

This document outlines the post-diagnostic support available to you at The Edinburgh Practice and the associated fees. More detailed information will be provided following assessment, however, we feel it is important to provide you with a brief overview of the options available to you from the practice, as well as the costs involved.

Medication

If a diagnosis of ADHD is given at your feedback appointment and medication is clinically indicated and you would like to trial medication, then titration will commence.

This will involve starting on a low dose of medication and this will be gradually increased to establish how you are tolerating the medication, the benefits of the medication and any side effects you may experience will be monitored during this period. You will meet with one of our Consultant Psychiatrists every 3-4 weeks for a medication review during the titration phase to monitor your progress. The fee for review appointments with our Consultant Psychiatrists are £200 and can last up to 30 minutes. Included in this fee is a GP update letter. Consultations can be offered via Microsoft Teams or in person.

Once titration is completed, the frequency of 30-minute review appointments will depend on individual care needs. The frequency of appointments post-titration can vary from 3, 6 to 12 months.

What is shared care?

Shared care is when your NHS GP agrees to enter into a collaborative care agreement with a Psychiatrist at The Edinburgh Practice following completion of titration. The GP takes over the responsibility of providing prescriptions, whilst you receive monitoring from The Edinburgh Practice at agreed intervals (e.g. 3 months, 6 months).

We are aware that as of June 2024 many GP practices across Scotland are no longer accepting shared care requests from private healthcare providers. We are aware that many GP practices in Scotland are no longer providing shared care to any clients with a private ADHD diagnosis due to lack of funding and expertise in the field of ADHD care.

If you would like to have the option of shared care, we advise that you liaise with your GP prior to commencing medication to find out whether your GP practice will be able to provide shared care for you.

Psychiatry/medication fees list

Private Prescription: £25

30-minute medication review appointment: £200

Cost of medication payable to pharmacy per month: £100 - £200 (The cost can vary depending on the pharmacy, drug type and frequency of use)

Clinical Psychology – Psychological Therapy: £130

June 2024

Mental Health & Neurodiversity Centre of Excellence

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