

Treatment Costs for Children and Young People Following a Diagnosis of ADHD

This document outlines the post-diagnostic support available at The Edinburgh Practice and the associated fees. More detailed information will be provided following assessment, however, we feel it is important to provide you with a brief overview of the options available from the practice, as well as the costs involved.

Medication

At the feedback appointment, your doctor will discuss the outcome of the assessment and the support available following assessment. If a diagnosis of ADHD is given, no medication will be prescribed during the feedback appointment to allow your family time to process the information provided and outcome of the assessment and time to decide how you would like to proceed.

If medication is clinically indicated, please take at least one week to consider whether you wish to commence medication following the feedback appointment. You have up to six weeks following the feedback appointment to request a prescription for ADHD medication without a further review appointment. If longer than six weeks pass following your feedback appointment and you wish to start medication, please request a follow-up appointment with your doctor so they can complete a recent assessment and check your child's physical observations prior to starting medication before titration commences.

If your child is prescribed medication, they will start on a low dose which will be gradually increased to establish how they are tolerating the medication, while monitoring the benefits and any side effects they may experience during this period. One of our Consultant Psychiatrists or Speciality Doctors will take your child's baseline measurements in the practice during the feedback appointment and then again at the first review appointment approximately four weeks after commencing medication. Your child will then continue to meet with one of our Consultant Psychiatrists or Specialty Doctor for review appointments during the titration phase to monitor their progress. The timing, frequency and number of review appointments will depend on how your child is tolerating the medication.

The fee for review appointments with our Consultant Psychiatrists/Speciality Doctors are £210 and can last up to 30 minutes. Included in this fee is a GP update letter. Consultations can be offered virtually or in person.

Once titration is complete, the frequency of 30-minute review appointments will depend on individual care needs. The frequency of appointments post-titration can vary from 3, 6 to 12 months.

Disclaimer: Due to medication supply issues, there may need to be variations to the titration process.

What is shared care?

Shared care is when your NHS GP agrees to enter into a collaborative care agreement with a doctor at The Edinburgh Practice following completion of titration. The GP takes over the responsibility of providing prescriptions, whilst you receive monitoring from The Edinburgh Practice at agreed intervals (for example, 3 months, 6 months).

We are aware that many GP practices in Scotland are no longer providing shared care to any clients with a private ADHD diagnosis due to lack of funding and expertise in the field of ADHD care.

If you would like to have the option of shared care, we advise that you liaise with your GP prior to commencing medication to find out whether your GP practice will be able to provide shared care for you.

Psychiatry/medication fees list:

Private Prescription during an Appointment: £25

Private Prescription out with an Appointment: £35

30-minute medication review appointment: £210

Cost of medication payable to pharmacy per month: £100 - £200 (The cost can vary depending on the pharmacy, drug type and frequency of use)

Post-diagnostic support sessions (per session):

Educational Psychology: £140

Clinical Psychology – Psychological Therapy: £140

Speech and Language Therapy: £110

Systemic Family Therapy - £130

Dietetics - £130

Occupational Therapy - £120

Please see our separate post diagnostic support leaflet for further information about these services.

August 2024

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